



PSHE Long Term Plan

Key Stage 1				
	Cycle 1	Cycle 2	Cycle 3	Cycle 4
<b>National Curriculum</b>	<p>Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.</p> <p>PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription. However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.</p> <p>Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.</p>			
<b>Year 1</b>	<b>Confident Changes</b>	<b>Settling In</b>	<b>Stepping Forward</b>	<b>It's My Body</b>
<b>Year 2</b>	<b>Making Plans</b>	<b>Getting There</b>	<b>Stepping Up</b>	<b>Respecting Rights Growing Up</b>



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Lower Key Stage 2				
	Cycle 1	Cycle 2	Cycle 3	Cycle 4
<b>National Curriculum</b>	<p>Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.</p> <p>PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription. However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.</p> <p>Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.</p>			
<b>Year 3</b>	<b>Am I ready?</b>	<b>Exploring what's around me?</b>	<b>Discovering my voice</b>	<b>It's my body Money Matters</b>
<b>Year 4</b>	<b>Building Confidence</b>	<b>Interacting with Others</b>	<b>Using my Voice</b>	<b>Respecting Rights Growing Up</b>



## PSHE Long Term Plan

### Upper Key Stage 2

	Cycle 1	Cycle 2	Cycle 3	Cycle 4
<b>National Curriculum</b>	<p>Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.</p> <p>PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription. However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.</p> <p>Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.</p>			
<b>Year 5</b>	<b>What makes me, me?</b>	<b>Where I fit in</b>	<b>Planning to Succeed</b>	<b>It's my Body Money Matters</b>
<b>Year 6</b>	<b>Charting My Journey</b>	<b>Overcoming Obstacles</b>	<b>Equipping for the Next Journey</b>	<b>Respecting Rights Growing Up</b>