



Autism Signposting Handout

Further Information about Autism (National)

The National Autistic Society	Information about autism spectrum for parents, carers, relatives, adults with autism and professionals.	www.autism.org.uk
Ambitious About Autism	Information about autism spectrum and a community to join to gain support or give support to others.	www.ambitiousaboutautism.org.uk

Local Support Groups and Information

Salford's Local Offer	A Local Offer details what support services are available within the local area for children and young people with special educational needs or disabilities and their families.	https://www.salford.gov.uk/children-and-families/local-offer-for-children-and-young-people-with-sen-or-disabilities/
Salford Action for Autism (SAFA)	A parent group, our meetings provide informal opportunities for parents & carers to meet, share ideas & support each other. Salford Action for Autism also has a library which has 112 different book titles relating to autism. Crèche provided for children under 11.	http://salfordactionforautism.simpl.com/index.html SAFA currently holds coffee mornings once a month between 10am & 12pm at Swinton Children's Centre (in the Gateway building).
Wheels For All	SAFA run accessible bike session for children and their parents at Cleavey's Athletic Track. Mixed age range. Every Saturday except the first Saturday of the month. 2.30-4.30pm.	https://www.cyclinguk.org/cycle-centre/wheels-salford Cleavey's Athletic Track, Blantyre Street, Winton, M30 8HY.
Autism and Friends	Parent support group. Meet last Saturday of the month at Fiddlers Lane School.	Contact Sandra 07544649696

I Am Autism Support and information for parents and carers. Life Skills and Aspirations projects offering social and leisure support in the community available for older children (10 years plus). <https://i-am-autism.org.uk/>

Resources, Blogs and Useful Links

Special Needs Jungle Parent-led information, resources and informed opinion about children with SEN, special needs, disabilities, health conditions and rare disorders. www.specialneedsjungle.com

Do to Learn Do2learn provides free resources such as, learning songs and games, communication cards, academic material, and transition guides. www.do2learn.com

Ask An Autistic Amythyst Schaber is an adult with autism who makes informative videos on You Tube, under the title Ask An Autistic, explaining what it feels like to have autism (e.g. talking about sensory overload, repetitive behaviours, why eye contact is difficult, etc.) <https://www.youtube.com/results?q=amethyst+schaber>

Books for children and young people

Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence A book written by an autistic young person, drawing from his own experiences and gaining information from his teenage brother and sisters. He wrote this to try and address difficult topics such as bullying, friendships, when and how to tell others about autism, school problems, dating, relationships and morality. <https://www.amazon.co.uk/Freaks-Geeks-Asperger-Syndrome-Adolescence/dp/1843100983>

I am Special: A Workbook to Help Children, Teens and Adults with Autism Spectrum Disorders to Understand Their Diagnosis, Gain Confidence and Thrive	Aimed to help children, teens and adults on the autism spectrum to understand themselves and their diagnosis, gain confidence and thrive.	https://www.amazon.co.uk/Special-Disorders-Understand-Diagnosis-Confidence/dp/1849052662
The Blue Bottle Mystery books by Kathy Hoopmann	The issues and frustrations that an autistic child may have are explored within a fictional format (the central character is an autistic boy).	https://www.amazon.co.uk/Blue-Bottle-Mystery-Adventure-Adventures/dp/1853029785
Can You See Me?: A powerful story of autism, empathy and kindness	Diary entries written by eleven-year-old Libby Scott, based on her own experiences of autism, written in collaboration with author Rebecca Westcott.	https://www.amazon.co.uk/Can-You-See-Libby-Scott/dp/1407195670
The Curly Hair Project	A social enterprise founded by an autistic author, Alis Rowe. It aims to support autistic people and those around them, using animations and visual tools.	https://thegirlwiththecurlyhair.co.uk